

Our Care Services

We provide a range of care services to support the health, wellbeing and happiness of our residents.



Residential Care

24-hour support in a safe and comfortable environment.

We focus on wellbeing, independence and quality of life every day.



Dementia Care

Specialist dementia care in a secure, calm and supportive environment, helping residents feel safe, valued and understood.



Life at Stronvar

We believe in more than just care — we create a place where residents can enjoy life.



Meaningful activities



Nutritious home-cooked meals



Beautiful gardens and relaxing spaces



Friendship, companionship and fun



A Place to Call Home

We are proud to support our residents to live happy, fulfilling lives in a place they can call home.

Trusted Care. Local Commitment.

At Stronvar Rest Home in Brightlingsea, we provide high quality residential and dementia care in a safe, friendly and homely environment.

Our experienced and dedicated team is here to support residents to live happy, fulfilling lives with dignity and respect.

Inspected and rated

GOOD

by the CQC



9.3



carehome.co.uk
score

WHY CHOOSE US?



Person-Centred Approach

We tailor our care to suit individual needs and preferences.



Compassionate & Experienced Team

Our caring team is here 24/7 to support residents and their families.



Comfortable, Homely Environment

Enjoy beautiful surroundings and homely touches throughout.



Family Involvement

We believe in working closely with families every step of the way.

GET IN TOUCH



Stronvar Rest Home

Church Road, Brightlingsea, Essex CO7 0RJ



01206 304007



infos@stronvarhome.co.uk



STRONVAR

— REST HOME —

CARE YOU CAN TRUST,
COMFORT YOU CAN FEEL



*Where every day is
about living well*

A warm welcome awaits you
at Stronvar Rest Home

STRONVAR

— REST HOME —

A warm welcome. Every day.



GOOD FOOD, GOOD COMPANY

We offer nutritious, home-cooked meals every day, served in our welcoming dining rooms where residents can enjoy good food and great company.

COMFORT AND CARE

Our comfortable bedrooms are designed to feel like home, with everything residents need for a relaxing and restful stay.

OUR COMMITMENT

- ♥ Personalised care tailored to individual needs
- 👥 Compassionate, experienced and dedicated staff
- 🏠 A safe, comfortable and homely environment
- ☕ Nutritious meals and social activities
- 🌳 Beautiful surroundings for wellbeing and relaxation

LIFE AT STRONVAR

We believe in making every day meaningful. From delicious, home-cooked meals to comfortable surroundings and engaging activities, life at Stronvar is about wellbeing, companionship and choice.

*Good food, good company,
beautiful surroundings.*

♥ A Place to Call Home

We are proud to support our residents to live happy, fulfilling lives in a place they can call home.

Inspected and rated

Good



Read our report on carequalitycommission.gov.uk

Tel: 01206 304007

Email: infos@stronvarhome.co.uk

www.stronvarresthome.co.uk